

## Ergebnisse Gesamt

| Platz | Startnummer | Name           | Vorname      | Verein              | Jahrgang | Distanz | Zeit     |
|-------|-------------|----------------|--------------|---------------------|----------|---------|----------|
| 1     | 234         | Grote          | Lauritz      | IG Bremen Nord      | 1993     | 5       | 00:17:51 |
| 2     | 212         | Pick           | Hardy        | TeamDanone          | 1986     | 5       | 00:18:53 |
| 3     | 205         | Lidolt         | Juri         | EintrachtHildesheim | 2004     | 5       | 00:21:09 |
| 4     | 241         | Giessler       | Thomas       |                     | 1969     | 5       | 00:21:11 |
| 5     | 229         | Bruns          | Jasper       |                     | 1998     | 5       | 00:21:23 |
| 6     | 203         | Werner         | Saga         | EintrachtHildesheim | 2006     | 5       | 00:22:08 |
| 7     | 242         | Wawrzinek      | Johannes     |                     | 1992     | 5       | 00:22:36 |
| 8     | 204         | Schroeder      | Annett       | Hannover96          | 1969     | 5       | 00:23:27 |
| 9     | 211         | VonGierszewski | Daniel       | Adlum               | 1985     | 5       | 00:23:51 |
| 10    | 230         | Bruns          | Lasse        |                     | 2004     | 5       | 00:24:04 |
| 11    | 243         | Liebigt        | Chris        |                     | 2010     | 5       | 00:24:06 |
| 12    | 238         | Siebke         | Wieland      |                     | 1998     | 5       | 00:24:23 |
| 13    | 235         | Steinacker     | Nele         | Stonies             | 2005     | 5       | 00:25:08 |
| 14    | 219         | Wittur         | Thomas       | MTV Adlum           | 1968     | 5       | 00:25:24 |
| 15    | 240         | Dsiosa         | Justus       | Vfr Ochtersum       | 2008     | 5       | 00:26:05 |
| 16    | 210         | VonGierszewski | Jessica      | MTVAdlum            | 1983     | 5       | 00:26:05 |
| 17    | 207         | Rehbein        | Maik         | Carpediem.          | 1964     | 5       | 00:26:05 |
| 18    | 213         | Schuchardt     | Jason        | KFCKaspel09         | 2008     | 5       | 00:26:09 |
| 19    | 201         | Stübe-Kirchhof | Theo         | SVDinklar           | 2010     | 5       | 00:26:16 |
| 20    | 215         | Winter         | Daniel       | MTV Adlum           | 1985     | 5       | 00:26:31 |
| 21    | 220         | Kwiotek        | Hubert       |                     | 1962     | 5       | 00:26:34 |
| 22    | 206         | Blimke         | Thomas       | MTVBorsum           | 1965     | 5       | 00:26:45 |
| 23    | 200         | Hartmann       | Hubertus     | MTVAdlum            | 1952     | 5       | 00:26:48 |
| 24    | 209         | Petzold        | Thilo        | DiweißßenKeniaten   | 1977     | 5       | 00:27:12 |
| 25    | 236         | Steinacker     | Olaf         | Stonies             | 1962     | 5       | 00:27:17 |
| 26    | 214         | Keller         | Dominik      | MTV Adlum           | 1986     | 5       | 00:27:24 |
| 27    | 202         | Dahms          | Maren        | SVDinklar           | 1975     | 5       | 00:27:31 |
| 28    | 224         | Hartmann       | Konrad       | KKS Machtsum        | 1951     | 5       | 00:28:22 |
| 29    | 223         | Stiller        | Yannick      |                     | 1999     | 5       | 00:28:23 |
| 30    | 225         | Spies          | Frauke       |                     | 1973     | 5       | 00:28:45 |
| 31    | 239         | Kape           | Titus        | VFL Nordstemmen     | 2007     | 5       | 00:29:04 |
| 32    | 231         | Schwarze       | Gabi         |                     | 1964     | 5       | 00:29:13 |
| 33    | 228         | Becker         | Karina       | MTV Adlum           | 2003     | 5       | 00:29:28 |
| 34    | 226         | Dettmar        | Martin       | MTV Adlum           | 1967     | 5       | 00:30:47 |
| 35    | 221         | Ossenkop       | Stefan       | MTV Adlum           | 1963     | 5       | 00:30:50 |
| 36    | 216         | Bolik          | Carina       | MTV Adlum           | 1987     | 5       | 00:30:57 |
| 37    | 218         | Schramm        | Henriette    | MTV Adlum           | 2002     | 5       | 00:32:08 |
| 38    | 217         | Schramm        | Josefin      | MTV Adlum           | 1998     | 5       | 00:32:09 |
| 39    | 222         | Stiller        | Mathias      |                     | 1973     | 5       | 00:32:15 |
| 40    | 232         | Henze          | Luisa        | MTV Adlum           | 2000     | 5       | 00:33:16 |
| 41    | 233         | Acthaus        | Bosse        | SV Wendhausen       | 2001     | 5       | 00:33:17 |
| 42    | 237         | Fehlhaber      | Ina          |                     | 1980     | 5       | 00:35:38 |
| 43    | 227         | Gronau         | Carolyn      |                     | 1985     | 5       | 00:37:56 |
| 44    | 208         | Schrader       | Friedel-Karl | Hildesheim          | 1936     | 5       | 00:39:49 |