

Ergebnisliste Männer

| Platz | Startnummer | Name | Vorname | Verein | Jahrgang | Distanz | Zeit |
|-------|-------------|--------------|-------------|--------------------------------|----------|---------|----------|
| 1 | 287 | Iburg | Stefan | Hannover 96 | 1970 | 5 | 00:19:17 |
| 2 | 271 | Haase | Daniel | TriAsHildesheim | 1986 | 5 | 00:19:19 |
| 3 | 230 | Kalberlah | Hans | TeamDanone | 1968 | 5 | 00:19:20 |
| 4 | 270 | Buschbaum | Nils | TriAsHildesheim | 1979 | 5 | 00:19:24 |
| 5 | 247 | Markfeld | Jürgen | TuSHasede | 1963 | 5 | 00:19:25 |
| 6 | 231 | Lübbbers | Markus | TeamDanone | 1972 | 5 | 00:20:30 |
| 7 | 296 | Fiene | Hemmes | | 1998 | 5 | 00:21:09 |
| 8 | 223 | Seeger | Christian | TVEAlgermissen | 1981 | 5 | 00:21:19 |
| 9 | 284 | Leyk | Norbert | TriAsHildesheim | 1960 | 5 | 00:22:53 |
| 10 | 260 | Grimsel | Ole | MTV Adlum | 2001 | 5 | 00:22:57 |
| 11 | 244 | Fasenko | Ilijan | Kinder-undJugendhilfeSt.Ansgar | 1992 | 5 | 00:22:58 |
| 12 | 243 | Köhne | Stefan | Kinder-undJugendhilfeSt.Ansgar | 1978 | 5 | 00:22:59 |
| 13 | 228 | Müller | Jens | DieweißenKeniaten | 1977 | 5 | 00:23:20 |
| 14 | 277 | Reddöhl | Jörg | | 1970 | 5 | 00:23:54 |
| 15 | 213 | Steffen | Björn | www.laufefuerspenden.de | 1974 | 5 | 00:24:10 |
| 16 | 255 | Bettels | Bernhard | MTV Adlum | 1970 | 5 | 00:24:27 |
| 17 | 264 | Güntner | Jörg | | 1966 | 5 | 00:24:29 |
| 18 | 245 | Engelke | Wolfgang | Kinder-undJugendhilfeSt.Ansgar | 1963 | 5 | 00:24:41 |
| 19 | 202 | Lübke | Tobias | Grundschule Borsumer Kaspel | 2008 | 5 | 00:25:02 |
| 20 | 218 | Adamofsky | Kjeld | JSGBördehandballOst | 2005 | 5 | 00:25:22 |
| 21 | 251 | Dettmar | Malte | SV Schellerten | 2005 | 5 | 00:25:34 |
| 22 | 293 | Kleeberg | Christopher | MTV Adlum | 1978 | 5 | 00:25:35 |
| 23 | 219 | Könnecker | Justus | JSGBördehandballOst | 2005 | 5 | 00:25:35 |
| 24 | 234 | Weidner | Dennis | Löwenbande | 1996 | 5 | 00:26:15 |
| 25 | 201 | Helmke | Emil | Grundschule Borsumer Kaspel | 2008 | 5 | 00:26:25 |
| 26 | 279 | Jürgens | Peter | Elan Hildesheim | 1960 | 5 | 00:26:27 |
| 27 | 214 | Helmke | Michael | Borsum | 1978 | 5 | 00:26:28 |
| 28 | 252 | Dereymaekel | Felix | MSV | 2001 | 5 | 00:26:32 |
| 29 | 229 | Petzold | Thilo | DieweißenKeniaten | 1977 | 5 | 00:26:41 |
| 30 | 265 | Steffen | Mika | www.laufefuerspenden.de | 2000 | 5 | 00:26:49 |
| 31 | 294 | Hartmann | Konrad | Hümax | 1951 | 5 | 00:27:17 |
| 32 | 274 | Hartmann | Henry | | 2006 | 5 | 00:27:17 |
| 33 | 235 | Gremmel | Jörn | Löwenbande | 1964 | 5 | 00:27:18 |
| 34 | 263 | Machtens | Cord | MTV Harsum | 1966 | 5 | 00:27:49 |
| 35 | 254 | Kwirotek | Hubert | MTV Adlum | 1962 | 5 | 00:27:52 |
| 36 | 273 | Burmeister | Jesper | MTV Ilten | 2007 | 5 | 00:28:20 |
| 37 | 272 | Kape | Titus | | 2007 | 5 | 00:28:21 |
| 38 | 256 | Wolpers | Michael | MTV Adlum | 1964 | 5 | 00:28:25 |
| 39 | 289 | Reiche | Michael | | 1962 | 5 | 00:28:29 |
| 40 | 262 | Schan | Alexander | Team Greta-Anna-Julius | 1976 | 5 | 00:29:08 |
| 41 | 288 | Sänger | Rainer | | 1956 | 5 | 00:29:15 |
| 42 | 285 | Seelmann | Philip | Turbolader | 1985 | 5 | 00:29:48 |
| 43 | 250 | Nöhre | Frank | Borsum | 1969 | 5 | 00:29:53 |
| 44 | 295 | Aschemann | Markus | Hümax | 1967 | 5 | 00:29:54 |
| 45 | 258 | Ossenkopp | Stefan | MTV Adlum | 1963 | 5 | 00:30:00 |
| 46 | 292 | Engelke | Henrik | | 1989 | 5 | 00:30:35 |
| 47 | 205 | Burmeister | Elmar | OldStarLegends | 1971 | 5 | 00:30:39 |
| 48 | 206 | Bettels | Holger | OldStarLegends | 1968 | 5 | 00:30:39 |
| 49 | 207 | Ansorge | Matthias | OldStarLegends | 1973 | 5 | 00:30:40 |
| 50 | 275 | Pötzl-Labuhr | Georg | KSM Castings HI | 1956 | 5 | 00:30:44 |
| 51 | 241 | Ertlmeier | Niels | Kinder-undJugendhilfeSt.Ansgar | 2001 | 5 | 00:31:03 |
| 52 | 257 | Bruns | Wolfgang | MTV Adlum | 1967 | 5 | 00:32:03 |
| 53 | 282 | Hapke | Horst | Tus Hasede | 1939 | 5 | 00:32:32 |
| 54 | 224 | Wecke | Burkhard | Alfeld(leine) | 1943 | 5 | 00:34:28 |
| 55 | 239 | Winsemann | Andreas | Adlum | 1969 | 5 | 00:36:11 |