

Ergebnisliste 5,2 km Männer

| Platz | Startnummer | Name | Vorname | Verein | Jahrgang | Distanz | Zeit |
|-------|-------------|--------------|----------------|-------------------------------|----------|---------|----------|
| 1 | 269 | Igel | Frederik | Die weißen Keniaten | 1982 | 5 | 00:19:37 |
| 2 | 211 | Sander | Peter | P.A.P. Sports | 1966 | 5 | 00:19:38 |
| 3 | 216 | Langer | Matthias | St. Ansgar | 1961 | 5 | 00:20:12 |
| 4 | 264 | Buschbaum | Nils | | 1979 | 5 | 00:20:12 |
| 5 | 225 | Sander | Sven-Oliver | St. Ansgar | 1995 | 5 | 00:20:53 |
| 6 | 271 | Giessler | Thomas | | 1969 | 5 | 00:21:00 |
| 7 | 276 | Weichsel | Sebastian | | 1968 | 5 | 00:21:47 |
| 8 | 205 | Abmeier | Dirk | TV Garmissen / Ahstedt | 1973 | 5 | 00:21:55 |
| 9 | 206 | Lübbbers | Markus | Danone | 1972 | 5 | 00:22:13 |
| 10 | 258 | Menzen | Adrian | MTV Adlum | 1998 | 5 | 00:22:35 |
| 11 | 270 | Behre | Hendrik | | 1991 | 5 | 00:22:38 |
| 12 | 228 | Rygol | Tim | Feldscheunen Crew | 2001 | 5 | 00:23:06 |
| 13 | 229 | Abmeier | Matti | TV Garmissen / Ahstedt | 2003 | 5 | 00:23:07 |
| 14 | 208 | Walz | Marc | Hannover | 1971 | 5 | 00:23:46 |
| 15 | 265 | Weinhold | Florian | | 1990 | 5 | 00:23:59 |
| 16 | 227 | Bruns | Jakob | MTV Adlum | 2001 | 5 | 00:24:02 |
| 17 | 210 | Ernst | Oliver | Harsum | 1969 | 5 | 00:24:42 |
| 18 | 207 | Steffen | Björn | Grundschule Borsumer Kaspel | 1974 | 5 | 00:24:48 |
| 19 | 217 | Rehbein | Maik | ;-) | 1964 | 5 | 00:24:50 |
| 20 | 257 | Kwirotek | Hubert | MTV Adlum | 1962 | 5 | 00:25:03 |
| 21 | 218 | Hanebuth | Volker | AAV Prägraten | 1955 | 5 | 00:25:17 |
| 22 | 278 | Reddöhl | Jörg | | 1970 | 5 | 00:25:22 |
| 23 | 220 | Berger | Siggi | Feldscheunen Crew | 1957 | 5 | 00:25:38 |
| 24 | 275 | Wolf | Markus | BCR-Team | 1968 | 5 | 00:25:50 |
| 25 | 212 | Blimke | Thomas | MTV Eintracht Borsum | 1965 | 5 | 00:26:08 |
| 26 | 226 | Romanowski | Jannis | Hildesheim | 1999 | 5 | 00:26:30 |
| 27 | 224 | Gißler | Julian | MTV Rethmar | 1988 | 5 | 00:26:32 |
| 28 | 259 | Kober | Martin | MTV Harsum | 1961 | 5 | 00:26:34 |
| 29 | 255 | Feise | Lukas | MTV Harsum | 1998 | 5 | 00:26:36 |
| 30 | 203 | Gerbrich | Frederik Maria | Grundschule Borsumer Kaspel | 2004 | 5 | 00:26:38 |
| 31 | 204 | Duncker | Dirk | Mia & Dirk | 1970 | 5 | 00:26:50 |
| 32 | 219 | Sänger | Rainer | Hildesheim | 1956 | 5 | 00:27:16 |
| 33 | 261 | Ossenkopp | Stefan | MTV Adlum | 1963 | 5 | 00:27:20 |
| 34 | 279 | Rehbein | Maxim | SC Hellas 1899 Hildesheim | 2001 | 5 | 00:27:27 |
| 35 | 209 | Huge | Christian | Harsum / Borsum | 1972 | 5 | 00:27:46 |
| 36 | 274 | Höweling | Till | SV Eintracht Bad Salzdetfurth | 2005 | 5 | 00:27:52 |
| 37 | 273 | Höweling | Christoph | SV Eintracht Bad Salzdetfurth | 1972 | 5 | 00:27:53 |
| 38 | 272 | Gläsner | Gerd | Laufschule Anlauf | 1959 | 5 | 00:27:57 |
| 39 | 256 | Dettmar | Martin | MTV Adlum | 1967 | 5 | 00:28:09 |
| 40 | 267 | Pötzl-Labuhn | Georg | KSM-Castings-Kloth-Senking | 1956 | 5 | 00:28:15 |
| 41 | 213 | Kruse | Jens | VSV Rössing | 1969 | 5 | 00:30:04 |
| 42 | 280 | Rygol | Carsten | | 1967 | 5 | 00:31:06 |
| 43 | 222 | Wecke | Burkhard | Alfeld (leine) | 1943 | 5 | 00:33:50 |