

Ergebnisliste 5,2 km Männer

| Platz | Startnummer | Name | Vorname | Verein | Jahrgang | Distanz | Zeit |
|-------|-------------|---------------|-------------|---------------------------|----------|---------|----------|
| 1 | 321 | Weisgerber | Frank | Gr-Bülten | 1968 | 5 | 00:19:38 |
| 2 | 234 | Gewalt | Hardy | Ikisdäh | 1986 | 5 | 00:19:39 |
| 3 | 236 | Markfeld | Jürgen | TuS Hasede | 1963 | 5 | 00:19:40 |
| 4 | 295 | Igel | Frederik | | 1982 | 5 | 00:19:40 |
| 5 | 220 | Sander | Peter | TKD Hildesheim | 1966 | 5 | 00:19:56 |
| 6 | 259 | Walter | Harald | Hildesheim | 1967 | 5 | 00:20:01 |
| 7 | 231 | Wedemeyer | Matthias | TVE Algermissen | 1969 | 5 | 00:20:05 |
| 8 | 203 | Meyer | Arne | Christuskirche Hildesheim | 1994 | 5 | 00:20:17 |
| 9 | 239 | Pagel | Florian | Hildesheim | 1980 | 5 | 00:20:24 |
| 10 | 292 | Giessler | Thomas | | 1969 | 5 | 00:21:10 |
| 11 | 232 | Kuntschke | Marcel | TSV Warzen | 1985 | 5 | 00:21:12 |
| 12 | 329 | Janssen | Dirk | DLRG Wetzlar | 1969 | 5 | 00:21:44 |
| 13 | 332 | Hartmann | Laurin | Hümax | 1990 | 5 | 00:21:47 |
| 14 | 314 | Weichsel | Sebastian | | 1982 | 5 | 00:22:03 |
| 15 | 296 | Buschbaum | Nils | | 1979 | 5 | 00:22:05 |
| 16 | 287 | Wittur | Thomas | MTV Adlum | 1968 | 5 | 00:22:06 |
| 17 | 270 | Bruns | Steffen | MTV Adlum | 1997 | 5 | 00:22:14 |
| 18 | 266 | Pulvermüller | Patrick | Pulvis Fitness Harsum | 1996 | 5 | 00:22:22 |
| 19 | 306 | Güntner | Jörg | MTV Harsum | 1966 | 5 | 00:22:34 |
| 20 | 283 | Brammer | Alexander | MTV Adlum | 1969 | 5 | 00:23:01 |
| 21 | 320 | Drever | Lucas | TRIAS Hildesheim | 1997 | 5 | 00:23:02 |
| 22 | 253 | Herzke | Bernd | TSV Gronau | 1954 | 5 | 00:23:13 |
| 23 | 316 | Heinzenburger | Carsten | High-Heels-Runner | 1977 | 5 | 00:23:37 |
| 24 | 204 | Meyer | Malte | Christuskirche Hildesheim | 1997 | 5 | 00:23:41 |
| 25 | 269 | Haller | Frank | Pulvis Fitness Harsum | 1974 | 5 | 00:23:43 |
| 26 | 224 | Scholz | Maximilian | Clauen | 2000 | 5 | 00:23:44 |
| 27 | 281 | Bettels | Bernhard | MTV Adlum | 1970 | 5 | 00:23:46 |
| 28 | 209 | Belte | Jens | TuS Bierbergen | 1964 | 5 | 00:23:48 |
| 29 | 330 | Janke | Bernd | | 1973 | 5 | 00:23:50 |
| 30 | 222 | Scholz | Alexander | Hohenhameln | 2000 | 5 | 00:23:51 |
| 31 | 228 | Meißner | Frank | Tempobremse J-S-Weg | 1963 | 5 | 00:23:53 |
| 32 | 249 | Köster | Christopher | TVE Algermissen | 2001 | 5 | 00:24:15 |
| 33 | 240 | Bosenick-Todt | Hermann | AVS Antholz | 1950 | 5 | 00:24:32 |
| 34 | 227 | Klingbeil | Olaf | Tempobremse J-S-Weg | 1970 | 5 | 00:24:49 |
| 35 | 202 | Ehlert | Marc-Philip | Christuskirche Hildesheim | 1987 | 5 | 00:25:11 |
| 36 | 225 | Kohrs | Peter | Algermissen | 1962 | 5 | 00:25:15 |
| 37 | 313 | Kwirotek | Hubert | | 1962 | 5 | 00:25:27 |
| 38 | 255 | Rehbein | Maik | GTS Drispstedt | 1964 | 5 | 00:25:35 |
| 39 | 327 | Tresp | Georg | Los Hermanos | 1957 | 5 | 00:25:37 |
| 40 | 214 | Seemann | Gerrit | TuS Bierbergen | 2002 | 5 | 00:25:39 |
| 41 | 328 | Christ | Adrian | Pulvis Fitness Harsum | 1979 | 5 | 00:25:42 |
| 42 | 201 | Steffen | Björn | GS Borsumer Kaspel | 1974 | 5 | 00:25:48 |
| 43 | 315 | Weichsel | Alexander | | 1985 | 5 | 00:25:51 |
| 44 | 207 | Kreye | Uwe | TuS Bierbergen | 1964 | 5 | 00:25:54 |
| 45 | 278 | Sitte | Wolfgang | Franks Laufshop Team | 1960 | 5 | 00:25:57 |
| 46 | 323 | Marquardt | Phil | Michelsenschule | 2001 | 5 | 00:26:03 |
| 47 | 322 | Marquardt | Frank | | 1971 | 5 | 00:26:06 |
| 48 | 312 | Ernst | Marc | | 1973 | 5 | 00:26:09 |
| 49 | 310 | Viezens | Jasper | VSG Groß Dungen | 1995 | 5 | 00:26:12 |
| 50 | 221 | Schaer | Karsten | Berenguel Bedachungen | 1970 | 5 | 00:26:28 |
| 51 | 250 | Köster | Dirk | TVE Algermissen | 1959 | 5 | 00:26:29 |
| 52 | 299 | Reddöhl | Jörg | | 1970 | 5 | 00:26:30 |
| 53 | 285 | Müller | Marvin | MTV Adlum | 1997 | 5 | 00:26:50 |
| 54 | 286 | Menzen | Adrian | MTV Adlum | 1998 | 5 | 00:26:51 |
| 55 | 213 | De Wall | Felix | SV Himstedt eV | 1992 | 5 | 00:27:18 |
| 56 | 252 | Ossenkopp | Stefan | MTV Adlum | 1963 | 5 | 00:27:27 |
| 57 | 301 | Laakmann | Jan | Cafe v. Lenz | 2000 | 5 | 00:27:29 |
| 58 | 243 | Schildberg | Stefan | Hildesheim | 1984 | 5 | 00:27:37 |
| 59 | 331 | Reiche | Michael | | 1962 | 5 | 00:28:00 |
| 60 | 237 | Heine | Jonas | MTV Eintracht Borsum | 2000 | 5 | 00:28:05 |
| 61 | 261 | Diehl | Joachim | Hildesheim | 1963 | 5 | 00:28:06 |
| 62 | 317 | Damitz | Hans-Peter | DJK Sparta Langenhagen | 1943 | 5 | 00:28:11 |
| 63 | 258 | Hartmann | Klaus | TVE Algermissen | 1947 | 5 | 00:28:41 |

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|-------|-------------|----------|-------------|--------------------------|----------|---------|----------|
| 64 | 311 | Wien | Peter | | 1972 | 5 | 00:28:46 |
| 65 | 208 | Belte | Karsten | TuS Bierbergen | 1969 | 5 | 00:28:50 |
| 66 | 284 | Drever | Henning | Laufschule Anlauf | 1965 | 5 | 00:28:56 |
| 67 | 277 | Daut | Christoph | Fortuna Daut | 1967 | 5 | 00:29:05 |
| 68 | 319 | Hellmers | Johann | Bördeschnecken | 1963 | 5 | 00:29:15 |
| 69 | 268 | Rass | Norbert | Pulvis Fitness Harsum | 1951 | 5 | 00:29:21 |
| 70 | 223 | Schröter | Jens-Oliver | SC Bettmar | 1980 | 5 | 00:29:36 |
| 71 | 230 | Hermet | Gerhard | MTV 48/FC Post | 1952 | 5 | 00:29:43 |
| 72 | 217 | Frühling | Jörg | SV Wrisbergholzen | 1970 | 5 | 00:29:48 |
| 73 | 226 | Seifert | Manfred | TVE Algermissen | 1941 | 5 | 00:29:50 |
| 74 | 241 | Hanebuth | Volker | AVS Antholz | 1955 | 5 | 00:30:27 |
| 75 | 245 | Bruns | Christof | MTV Adlum | 1968 | 5 | 00:30:34 |
| 76 | 244 | Bruns | Norbert | MTV Adlum | 1970 | 5 | 00:30:35 |
| 77 | 291 | Scheide | Karl | TK Jahn Sarstedt | 1937 | 5 | 00:31:10 |
| 78 | 242 | Greve | Udo | Senioren-Notruf Laufteam | 1968 | 5 | 00:32:07 |
| 79 | 293 | Wawrik | Stefan | | 1969 | 5 | 00:32:19 |